



Burr & Forman Named to Top 10 of Atlanta Business Chronicles' Healthiest Employers Awards for Second Consecutive Year

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The firm placed in the top 10 winners in the "Large Company" category, and Burr is the only law firm to make the top 10 in any category.

Since the first wellness initiative was implemented at Burr & Forman in 2008, the firm continues its commitment to wellness through a variety of programs aimed at physical fitness, nutrition and reducing stress.

"Over 75 percent of our workforce participates in one or more of our wellness programs on an annual basis," said Cathy Ogletree, director of human resources. "We offer many wellness programs to meet our employees' different needs and to make them fun, easy to participate, and competitive, where appropriate."

Burr & Forman programs include: annual biometric health screenings, health coaching, a smoking cessation program, and flu shots to its employees and spouses. To further support healthy living, the firm offers fruit for purchase in the company break room, healthy vending choices and lunch-and-learn education programs with healthy meals.

Burr & Forman employees are encouraged to engage in physical activity with an annual walking program. The firm provides incentives for those who walk at least two miles daily over a 12-week period. Also, a newly added team competition persuades employees to walk to gain "bragging rights" and a team trophy to display in the office until next year's program. Employees can also walk to be included in a drawing for a \$1,000 firm contribution to their favorite charity.